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Bodies of Different Sizes



Weight stigma in healthcare is well-documented, widely experienced, and directly harmful.

People in larger bodies are more likely to avoid or delay medical care due to anticipated stigma, and when that stigma is experienced, it directly reinforces avoidance.

Research consistently identifies healthcare providers as a primary source of weight-based discrimination. That bias shapes what providers ask, what they screen for, and how they communicate. In sexual health, it means consultations that never happen, concerns that go unvoiced, and care that is simply not delivered.

